








**We're Open 10am - 4pm
7 Days a Week!
328 Union Ave
PO Box 304
Laconia, NH 03246
603-528-7742
Warmline ~ 5pm - 10pm
7 Days a Week!**



Email:
lrcab1@metrocast.net

Website:
www.nhcornerbridge.org

January 2011
CornerBridge Activities Calendar
328 Union Avenue, Laconia, NH 03246

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|--|
| | | | | | | 1 Happy New Year 10:30am Feelings 11am Talk about New Years 2011 and how we can have a better year. |
| 2 10:30am Feelings 11:30 Play Cards or Games. Write in journal daily  | 3 10:30am Feelings 11am Community Meeting 11:30Menu Planning 12pm News/Current Events | 4 10:30am Feelings 11am Exercise 12pm Read Newspaper/Discuss events 1pm Movie | 5 10:30am Feelings 11am Self Esteem 12pm Book Club 1pm Arts & Crafts  | 6 Birthday Party 10:30 am Feelings 11amCooking/Nutrition 1pmClean up 1:30 Music | 7 10:30 am Feelings 11am House Plants/care for our house plants 1pm Bingo | 8 10:30 am Feelings 11am Pot Luck 1pm Movie  |
| 9 10:30am Feelings 10:30am Feelings 11:30 Play Cards or Games. Write in journal daily | 10 10:30am Feelings 11am Community Meeting 11:30Menu Planning 12pm News/Current Events | 11 10:30am Feelings 11am Exercise 12pm Read Newspaper/Discuss events 1pm Movie | 12 10:30am Feelings 11am Self Esteem 12pm Book Club 1pm Arts & Crafts | 13 10:15am Staff Meeting/training 10:30am Feelings 11:00 Cooking/Nutrition 1:00 Clean up 1:30 Music – Relaxation | 14 10:30 am Feelings 11am House Plants/care for our house plants 1pm Bingo | 15 10:30 am Feelings 11am Pot Luck 1pm Nutrition |
| 16 10:30am Feelings 11:30 Play Cards or Games. Write in journal daily | 17 10:30am Feelings 11am Community Meeting 11:30Menu Planning 12pm News/Current Events | 18 10:30am Feelings 11am Exercise 12pm Read Newspaper/Discuss events 1pm Movie | 19 10:30am Feelings 11am Self Esteem 12pm Book Club 1pm Arts & Crafts  | 20 Meeting/training 10:30am Feelings 11:00 Cooking/Nutrition 1:00 Clean up 1:30 Music – Relaxation | 21 10:30 am Feelings 11am House Plants/care for our house plants 1pm Bingo | 22 10:30 am Feelings 11am Pot Luck 1pm Movie  |
| 23 10:30am Feelings 11:30 Play Cards or Games. Write in journal daily  | 24 10:30am Feelings 11am Community Meeting 11:30Menu Planning 12pm News/Current Events | 25 10:30am Feelings 11am Exercise 12pm Read Newspaper/Discuss events 1pm Movie | 26 10:30am Feelings 11am Self Esteem 12pm Book Club 1pm Arts & Crafts | 27 10:15am Staff Meeting/training 10:30am Feelings 11:00 Cooking/Nutrition 1:00 Clean up 1:30 Music – Relaxation | 28 10:30 am Feelings 11am Talk about Pet care 1pm Bingo  | 29 10:30 am Feelings 11am Pot Luck 1pm Nutrition |
| 30 10:30am Feelings 11:30 Play Cards or Games. Write in journal daily | 31 10:30am Feelings 11am Community Meeting 11:30Menu Planning 12pm News/Current Events | | | | | |