



# September 2011

## Corner Bridge Calendar

328 Union Avenue, Laconia, N.H. 03246



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Feelings 11 Nutrition & Cooking 1 Clean Up Birthday Party	2 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants Indoors & Out	3 10:30 Feelings 12 Potluck 1 Bingo
4 10:30 Feelings 11 Play Cards or Games Movie	5 <b>Labor Day</b> <b>Cook Out</b> 9:30 Walking 10:30 Feelings News /Currents Events	6 Read A Book Day 9:30 Walking 10:30 Feelings 11 Computer Assistance Read a Book /Discuss 1 WRAP	7 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Arts & Crafts 12:30 Mediation /Relaxation	8 10:15 Staff Meeting 10:30 Feelings 11 Community Meeting/Menu Planning Nutrition & Cooking 1 Clean Up Music	9 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants Indoors & Out	10 10:30 Feelings 11 Music By Dan 12 Pot Luck 1 Bingo
11 <b>Grandparent's Day</b> 10:30 Feelings 11 Play Cards or Games Movie 	12 9:30 Walking 10:30 Feelings 11 News/Currants Events 12 Life Skills 12:30 IPS	13 9:30 Walking 10:30 Feelings 11 Computer Assistance Read Newspaper /Discuss 1 WRAP	14 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Arts & Crafts 12:30 Mediation/Relaxation	15 10:30 Feeling 11 Nutrition & Cooking Clean Up Music 	16 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants Indoors & Out	17 Citizenship Day 10:30 Feelings 11 Music By Dan 12 Pot Luck 1 Bingo
18 10:30 Feelings 11 Play Cards or Games Movie	19 9:30 Walking 10:30 Feelings 11 News/Currants Events 12 Life Skills 12:30 IPS	20 9:30 Walking 10:30 Feelings 11 Computer Assistance Read Newspaper / Discuss 1 WRAP	21 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Arts & Crafts 12:30 Mediation/Relaxation	22 10:15 Staff Meeting 10:30 Feelings 11 Nutrition & Cooking 1 Clean Up Music	23 First Day of Autumn 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants Indoors & Out	24 10:30 Feelings 11 Music By Dan 12 Pot Luck 1 Bingo
25 10:30 Feelings 11 Play Cards or Games Movie	26 9:30 Walking 10:30 Feelings 11 News/Currants Events 12 Life Skills 12:30 IPS	27 Rosh Hashanah 9:30 Walking 10:30 Feelings 11 Computer Assistance Read Newspaper /Discuss 1 WRAP	28 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Arts & Crafts 12:30 Mediation /Relaxation	29 10:30 Feelings 11 Nutrition & Cooking 1 Clean Up Music	30 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants Indoors & Out	

2<sup>nd</sup> Tuesday: NH State Mental Health Planning Council – 5pm-8pm Fox, BBH  
 3<sup>rd</sup> Tuesday: NH State Mental Health Consumer Council -10am-1pm Fox, BBH  
 4<sup>th</sup> Monday: NH Council on Aging-11am-2pm PRC Room BBH Main Building

Please Write in Your Journal Daily