



November 2011

Corner Bridge Calendar

328 Union Avenue, Laconia, N.H.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Walking 10:30 Feelings 11 Computer Assistance Currant Events 1 WRAP	2 9:30 Walking 10:30 Feelings 11 Self Esteem 12 Arts and Crafts	3 Birthday Party 10:15 Staff Meeting 10:00 Feelings 10:30 World News 11 Nutrition & Cooking 1 Clean Up Music	4 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants 1:30 Mediation & Relaxation	5 10:30 Feelings 12 Potluck 1 Bingo/ Games
6 10:30 Feelings 11 Maintenance Class 12 Play Cards Movie	7 9:30 Walking 10:30 Feelings 11 Community Meeting 11:30 News /Current Events 12 Life Skills 1 IPS	8 Election Day 9:30 Walking 10:30 Feelings 11 Computer Assistance Currant Events 1 WRAP	9 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Arts & Crafts	10 10:30 Feeling 11 Nutrition & Cooking 1 Clean Up Music	11 Veteran's Day 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants 1:30 Mediation/Relaxation	12 10:30 Feelings 11 Music By Dan 12 Pot Luck 1 Bingo / Games 
13 10:30 Feelings 11 Maintenance Class 12 Play Cards Movie 	14 9:30 Walking 10:30 Feelings 11:30 News/Currant Events 12 Life Skills 1 IPS	15 9:30 Walking 10:30 Feelings 11 Computer Assistance Currant Events NH Consumer Council Meeting	16 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Arts & Crafts	17 10:15 STAFF MEETING 10:30 World News 11 Nutrition & Cooking 1 Clean Up Feelings Music	18 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants 1:30 Mediation/Relaxation	19 10:30 Feelings 11 Music By Dan 12 Pot Luck 1 Bingo/Games International Survivors of Suicide Day
20 10:30 Feelings 11 Maintenance Class 12 Play Cards Movie	21 9:30 Walking 10:30 Feelings 11 Community Meeting 11 News/Currants Events 12 Life Skills 1 IPS	22 9:30 Walking 10:30 Feelings 11 Computer Assistance Currants Events 1 WRAP	23 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Thanksgiving Dinner	24 Thanksgiving Day 10:30 Feelings Music Movies 	25 10:30 Feelings 11 Coupons & Saving 1 Caring for Plants 1:30 Mediation/Relaxation	26 10:30 Feelings 11 Music By Dan 12 Pot Luck 1 Bingo/ Games
27 Christmas Parade Downtown 10:30 Feelings 11 Maintenance Class 12 Play Cards Movie	28 Same as above 12 Life Skills 1 IPS	29 Trip to Christmas Tree Shop 9:30 Walking 10:30 Feelings 11 Computer Assistance Currants Events	30 9:30 Walking 10:30 Feelings 11 Self Esteem 11:30 Book Club 12 Arts & Crafts			

2nd Tuesday: NH State Mental Health Planning Council – 5pm-8pm Fox, BBH
3rd Tuesday: NH State Mental Health Consumer Council -10am-1pm Fox, BBH
4th Monday: NH Council on Aging-11am-2pm PRC Room BBH Main Building
Please Write in Your Journal Daily